

# "It's important for the soul, for the brain, to get fresh air and to see that there's something greater than you."



Musician, adventurer and Hilleberg user Tilmann Graner has backpacked in many of the world's wildest places - but for him, it's all about the experiences, not the accolades

Tilmann Graner has built his professional career in the arts, working as a bassoonist and photographer for Nordhausen Theater/Loh Orchestra in Sondershausen, Germany for 30 years. He has also lived a life of dedicated adventure, with 50 years of experience exploring around the globe. Tilmann, rather than seeing these parts of his life as separate, finds parallels between the two. "If you play a concert, you have to be absolutely focused on each second. If you're crossing difficult mountains, it's not so [different]," he says.

Over years of practice, Tilmann has developed his physical and mental strengths for both his passions. He needs total control over his breath in order to play his woodwind instrument, and must have steadfast focus for climbing and longdistance treks. "It's important also to be in good shape for bassoon playing and for climbing mountains," he reflects.

In pursuit of adventure, Tilmann has travelled to over a dozen countries: five trips to Greenland; three to Norway and Peru; two to Nepal, India, Canada, the US and Bolivia; as well as trips to Scotland, Iceland and Turkey. "It's important for the soul, for the brain, to get fresh air and to see that there's something greater than you," he says. He prefers visiting remote, rarely accessed areas far from worn-down trails. His approach to these trips is usually relaxed, despite the fact that he's far out in the backcountry."I don't like to have a fixed plan where I'm forced to spend this night here and the next one there," he says. He enjoys adapting to changes in the weather and landscapes as he goes.

# Unknown and untouched

For some of his earlier treks, he relied on documented information about routes and conditions. But during later trips, Tilmann and his partner, Susanne, with whom he does most of his journeys, began to pave their own way instead. "We did our own thing, sooner or later," he says. For some of his trips to Greenland, Tilmann used only satellite images for reference. "There were crossings of mountain ranges, and I didn't know of anyone who had crossed them before," he says. "I didn't know whether it was possible, so I just tried it."

Tilmann does not explore these places to stake claim on being 'the first' to do so. He does it simply because he loves to. He's been playing in the outdoors for a long time; [above] Tilmann is an adventurer, musician, photographer, and rarely (but sometimes) a model!

his first backcountry ski trip was at the age of five, and by the time he was eleven he was climbing mountains. He's very comfortable in the outdoors and has a good understanding of the risks, and so is always responsible in his decisions. "I'm not afraid... but I don't take too much risk with it. I want to be sure to come back to civilisation," he says.

Travelling in untouched wilderness is compelling for him not because he's taking risks, but because he has the opportunity to experience previously unknown and untouched places. And he gets to capture and share this through photographs. "I try not to take only postcards," he says. He's much more interested in capturing the true sense of a landscape rather than the most colourful or conventionally attractive

image. "It's more interesting if you have to

look twice or a third time to see something special, to see how interesting it is," he says. Homes in the landscape "I like to show a little bit of our home in

His tents are frequent subjects in his photos. the landscape," he says. He has been using Hilleberg tents for decades, because no matter where his journeys take him, he can rely on them fully. "You still feel connected with the landscape... but you feel safe," he says. Bo Hilleberg, who also fell in love with the outdoors at a young age, built his tents precisely for adventurers like Tilmann: those who want to experience everything the outdoors has to offer without having to sacrifice safety or comfort.

Tilmann finds the all-season Red Label Allak to be "In most situations, a

perfect tent." Its fully freestanding dome construction means it can be easily pitched on any terrain, and its dual entrances and vestibules offer the utmost ease of use for travelling with his partner. "You can build up your camp on a ridge where it's exposed on a mountain. I'm not forced to go down in the valleys and search for shelter," he says. "That's very important for me, to be free in the choice of the campground."

Though his Allak is perfectly suited for most conditions, in harsher weather Tilmann opts for his Staika, the Allak's Black Label sibling. It has the same fully freestanding construction but offers more space, which Tilmann values especially in snowy conditions. It swaps the Allak's 9mm poles for 10mm ones and a Kerlon 1200 outer tent fabric for Kerlon 1800, making it not as lightweight as the Allak but better suited to handle the worst conditions. Tilmann favours the light weight and versatility of the Allak for most of his trips and chooses the Staika when he expects truly rough weather.

When you're on an adventure, your tent is your home, and in both good and bad conditions it offers sanctuary." If you're outside all day it's nice to close the door for a short moment," Tilmann says. In the outdoors, he has the opportunity to disconnect, slow down and enjoy camp life with Susanne. "It's important to see and to feel that there is something that you have to respect, like the rules and the weather, and the circumstances that you can't change," he says.

# A lifelong journey

Tilmann has been an adventurer for nearly his entire life, and he plans to continue being one. "We have become older now, of course, and perhaps the mountains have become steeper," he jokes. But he always continues to adapt. One thing that has not changed for him over the years has been his trust in Hilleberg tents. "The things I do in the mountains, I need to have good material, good stuff, that has to work. I like to have the same things for [many] years," he says. His wise choice in tents means gets to focus on his journey.

Tilmann, just like the other adventurers highlighted in this series - Emily Ford, Will Copestake and Felicity Aston balances the things he cares about, because he recognises the importance of making time for himself that he can just enjoy. Awards might catch more eyes, but decorating life with experiences instead of accolades, ultimately, is the most fulfilling thing any adventurer can do, at any skill level or age.